Georgetown Prep JV and Varsity Football Summer 2023

Minicamp

• Dates: 5/30, 5/31, 6/1, 6/2, 6/5, 6/6, 6/7, 6/8

• Time: 4:00–7:00 p.m. Lift and practice

• T shirt and shorts

Lift and Run with Coach O'Liddy

- Starting the week of 6/12 Monday through Thursday, Coach Oliddy will hold workouts each morning starting at 7:00 a.m. This will last through the Thursday, July 27. The week of 7/31 is a dead week for the IAC. No team activities are allowed.
- The week of August 1st optional workouts are allowed, but the 7:00 a.m. lifts will not take place.

7 on 7

- Every Monday and Wednesday starting the week of 6/12 Prep will host starting at 5:30 p.m. 7 on 7 with other local high schools. Typically, we will have 4 schools each one of these days for great non- contact 7 on 7 workouts. Dates:
- 6/12, 6/14, 6/19, 6/21, 6/26, 6/28, 7/3, 7/5, 7/10, 7/12, 7/17, 7/19, 7/24, 7/26

Equipment Fitting

• August 8, 9 and 10 from 1:00–5:00 p.m.

Football Camp

- Student athletes will report to school for the start of camp on Saturday, August 12. We will move into the dorms at 8:00 a.m.
- Practices will begin at 8:30
- Thursday 8/24/23 is the Football Kick off dinner hosted at the football field for the varsity, jv and frosh football teams. All Parents and student athletes are welcomed. Typically, this will begin at 6:00 p.m.
- Note: Team pictures for all three programs will take place Thursday, August 17.

Georgetown Prep Football Equipment Responsibilities

Prep will provide the following equipment:

- Helmet
- Shoulder pads
- Practice pants
- Knee pads
- Practice jersey

Student athlete is responsible to bring the following:

- Mouth guard
- Cleats: white, blue or black
- Any other padding that they would like to wear